## City of St Albans Open Meet 1 ${ }^{\text {st }}$ 2 $^{\text {nd }}$ December 2018

There are no qualifying or lower limit times for this meet. Only upper limit (no faster than) times are used as per the table below.

No faster than times FEMALE- age as at 2 Dec 2018

| Age Group | 50m Free | $\begin{gathered} \hline 100 \mathrm{~m} \\ \text { Free } \end{gathered}$ | 200m <br> Free | $400 \mathrm{~m}$ Free | 50m Breast | $\begin{aligned} & \hline 100 \mathrm{~m} \\ & \text { Breast } \end{aligned}$ | $\begin{aligned} & \text { 200m } \\ & \text { Breast } \end{aligned}$ | 50m Fly | 100 m Fly | 200m Fly | 50m Back | $\begin{gathered} \text { 100m } \\ \text { Back } \end{gathered}$ | $\begin{gathered} \hline \text { 200m } \\ \text { Back } \end{gathered}$ | 100m IM | 200m IM | 400m IM |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 9 | 36.61 | 01:19.3 | 03:07.7 | 06:26.1 | 47.69 | 01:42.9 | 03:45.2 | 39.78 | 01:59.3 | NONE | 42.29 | 01:34.4 | 03:20.2 | 01:33.1 | 03:18.2 | N/A |
| 10 | 32.76 | 01:12.1 | 02:36.3 | 05:16.8 | 42.29 | 01:35.0 | 03:16.0 | 37.43 | 01:25.6 | 03:16.9 | 36.64 | 01:20.4 | 02:46.8 | 01:23.9 | 02:53.7 | N/A |
| 11 | 29.9 | 01:06.5 | 02:26.9 | 05:09.7 | 39.05 | 01:27.1 | 03:04.8 | 34.04 | 01:17.0 | 02:56.7 | 33.94 | 01:14.1 | 02:40.1 | 01:15.1 | 02:42.5 | 05:37.5 |
| 12 | 28.44 | 01:02.5 | 02:17.6 | 04:45.2 | 36.69 | 01:19.7 | 02:56.9 | 31.34 | 01:12.3 | 02:37.0 | 32.21 | 01:09.6 | 02:29.0 | 01:10.8 | 02:35.0 | 05:30.0 |
| 13 | 28.16 | 01:00.1 | 02:12.0 | 04:34.6 | 36.5 | 01:17.7 | 02:48.1 | 30.19 | 01:06.9 | 02:25.5 | 31.4 | 01:07.9 | 02:28.7 | 01:11.1 | 02:29.8 | 05:17.5 |
| 14 | 27.86 | 59.51 | 02:10.2 | 04:33.8 | 34.18 | 01:15.0 | 02:41.9 | 30.01 | 01:06.9 | 02:32.2 | 30.89 | 01:06.1 | 02:21.5 | 01:08.6 | 02:28.2 | 05:10.2 |
| 15 | 27.39 | 58.38 | 02:09.6 | 04:30.1 | 34.03 | 01:13.0 | 02:40.9 | 28.18 | 01:01.6 | 02:17.3 | 30.35 | 01:04.9 | 02:19.1 | 01:06.1 | 02:22.9 | 05:10.6 |
| 16 | 26.75 | 57.62 | 02:03.8 | 04:23.8 | 34.85 | 01:12.8 | 02:34.6 | 29.02 | 01:05.9 | 02:25.5 | 29.02 | 01:04.1 | 02:19.7 | 01:06.8 | 02:20.2 | 05:02.7 |
| 17+ | 25.93 | 57.17 | 02:02.1 | 04:22.4 | 31.53 | 01:12.3 | 02:36.6 | 27.84 | 01:01.8 | 02:14.7 | 28.66 | 01:02.0 | 02:17.0 | 01:05.3 | 02:19.1 | 05:01.8 |

No faster than times MALE- age as at 2 Dec 2018

| Age Group | 50m Free | 100m <br> Free | 200m Free | 400m <br> Free | 50m <br> Breast | 100m <br> Breast | 200m <br> Breast | 50m Fly | 100m Fly | 200m Fly | 50m Back | 100m <br> Back | 200m <br> Back | 100m IM | 200m IM | 400m IM |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 9 | 33.23 | 01:16.5 | 02:43.8 | 05:42.6 | 44.7 | 01:43.9 | 03:38.9 | 38.69 | 01:33.6 | 03:25.9 | 38.76 | 01:27.3 | 03:14.6 | 01:26.5 | 03:15.7 | N/A |
| 10 | 32.95 | 01:10.7 | 02:36.0 | 05:23.9 | 44.85 | 01:37.6 | 03:26.6 | 35.66 | 01:23.7 | 03:19.6 | 35.22 | 01:17.2 | 03:05.9 | 01:21.3 | 02:55.1 | N/A |
| 11 | 29.82 | 01:08.1 | 02:26.4 | 05:00.6 | 39.69 | 01:28.6 | 03:06.6 | 33.94 | 01:14.7 | 02:58.5 | 34.35 | 01:17.4 | 02:40.4 | 01:16.9 | 02:48.2 | 05:57.0 |
| 12 | 28.69 | 01:02.2 | 02:13.6 | 04:56.2 | 38.15 | 01:22.4 | 02:55.1 | 32.74 | 01:11.6 | 02:41.9 | 31.78 | 01:10.9 | 02:30.0 | 01:13.8 | 02:35.7 | 05:26.7 |
| 13 | 26.93 | 58.68 | 02:09.3 | 04:33.5 | 34 | 01:14.7 | 02:45.9 | 28.74 | 01:06.7 | 02:30.0 | 29.59 | 01:06.3 | 02:24.7 | 01:08.2 | 02:29.1 | 05:16.8 |
| 14 | 25.18 | 55.42 | 02:01.6 | 04:17.3 | 30.97 | 01:10.7 | 02:35.0 | 27.52 | 01:00.2 | 02:11.8 | 29.35 | 01:02.9 | 02:13.1 | 01:03.7 | 02:18.4 | 04:51.7 |
| 15 | 25.41 | 55.61 | 01:58.6 | 04:15.3 | 32.15 | 01:09.3 | 02:30.7 | 27.38 | 01:00.6 | 02:16.0 | 28.09 | 01:00.3 | 02:10.4 | 01:01.5 | 02:15.7 | 04:55.8 |
| 16 | 24.3 | 53.18 | 01:53.4 | 04:15.6 | 30.99 | 01:07.8 | 02:29.9 | 26.36 | 58.48 | 02:11.1 | 27.5 | 59.64 | 02:10.7 | 01:01.3 | 02:15.0 | 04:45.6 |
| 17+ | 23.87 | 50.74 | 01:52.8 | 04:00.5 | 29.94 | 01:04.3 | 02:24.7 | 25.5 | 56.13 | 02:06.2 | 27.27 | 54.18 | 02:04.3 | 57.04 | 02:09.2 | 04:35.9 |

